

# Knowledge and Library Services Case Study

# *Coventry and Warwickshire Partnership Trust: Evidence base for Dialectical Behaviour Therapy*

Date *9/2/22*

## Reason for enquiry

*To gather* *evidence base for Dialectical Behaviour Therapy as an effective treatment for trauma with our specific client group, to aid client in providing evidence to external agency.*

## What the knowledge and library specialist did

*From a search I had found articles/chapters which I thought would be of use but was unable to access these, library specialist sourced the articles and sent them to me.*

# Impact of input from the library and knowledge service

*Extremely helpful service which I was not aware of fully prior to a colleague recommending. The turnaround was quick and communication excellent.*

## Immediate Impact

*Within a short time frame the patient was able to provide evidence required and it also gave our service access to useful information on the evidence base for this component of the treatment which is up to date and relevant.*

## Probable future Impact

*We are currently undergoing service restructure and this information may also be used to evidence the effectiveness of this treatment and shape the way in which the restructure progresses*

## Name and Job Title:

*Stacey Littlejohn Dialectical Behaviour Therapist*

## For further information on how you can get similar support contact your local NHS library and knowledge service.

**Submission Details**

***[To be completed by Knowledge and Library Service at the point of submission]***

**Name of Organisation**

**Coventry and Warwickshire Partnership Trust**

**Knowledge and Library Service Contact Email:**

*Claire.bradley@covwarkpt.nhs.uk*

**Title of Case Study**

*Evidence base for Dialectical Behaviour Therapy*

**NHS Region** *[Make bold the option which applies:]*

East of England

London

**Midlands**

North East and Yorkshire

North West

South East

South West

**Sector** *[Make bold the option which applies:]*

Acute

Acute and community

Care Trust

Clinical Commissioning Group

Commissioning Support

Community Trust

Cross-sector

Local Education and Training Board

**Mental Health**

Mental Health / Learning Disability

Mental Health / Social Care

Primary Care

Public Health

Shared Service / Informatics

Special HA

Other. If other, please specify

**Group Impacted** *[Make bold the option which applies:]*

Additional Clinical Services

Administrative and Clerical

**Allied Health Professionals**

Estates and Ancillary

Healthcare Scientists

Medicine and Dental

Multiprofessional

Patients, Carers and the Public

Nursing and Midwifery

Scientific and Technical

Students

**Impact Types** *[Make bold any of the impact types below which apply]*

Contributed to personal or professional development

**Contributed to service development or delivery**

Facilitated collaborative working

**Health Information for Patients, Carers and the Public**

**Improved the quality of patient care**

Mobilising evidence and organisational knowledge

**More informed decision making**

**Productivity and efficiency**

Reduced risk or improved safety

Saved money or contributed to financial effectiveness

Improved health and wellbeing of staff and learners

**Consent**

I have consent from individuals referred to in this case study to share details nationally for advocacy and promotion. *[Make bold the option which applies:]*

**Yes**

No